



Family Devotions
Thursday, March 19, 2020
“Courage”

The Setting: It will be best if you all gather in a circle of some kind; either around a table, in a living room with chairs, etc. Make sure that everyone is part of the circle; encourage everyone to be a part, not letting anyone move outside the circle. It is good to all be at eye-level, although this is not essential.

Remind everyone to put away their phone or other devices, and make sure TV's and other distractions are turned off.

Anyone can lead the devotion, but maybe choose a different person each time.

You can light a candle and put it in the middle of your circle to represent that the light of Christ is in your midst.

It may take a few times for everyone to take this seriously. Don't give up. Don't get frustrated with each other. Remember, we often laugh or make jokes when we are uncomfortable, and chances are this will be uncomfortable the first few times you do it!

Open in Prayer

Dear God,

Please bless this time together. We ask you to join with us and give us guidance. We pray that as we open ourselves to you and to each other that this can become a holy time.

In Christ's Name, AMEN.

Opening Questions

Ask the following questions, one at a time, and let each person answer. You can go around the circle or you can just let each person answer as they feel led.

1. Talk about a time when you did something courageous; a time you had courage to do something.
2. What is one thing you would do if you had more courage?
3. On a scale of 1 to 10, how courageous are you and why did you choose the number you chose?

The Scripture Lesson

Read the story of David and Goliath: 1 Samuel 17: 1 – 51

(To make the story easier to read, you can use the Message translation; it is found on the YouVersion App and well as at Biblegateway.com)

1. When you read the story of David and Goliath, it doesn't take long to realize that no one had faith in David! It was David's faith in God that helped him defeat Goliath.
2. What are some times in life where you have had to rely on your faith in God to have the courage to face a tough situation?

3. How would life be different if we put more trust in God? Think about all that is going on around us right now...what does it mean to fully trust in God during this difficult time?
4. What are some things as a family you want to turn over to God? Meaning, what are some things you are facing as a family or as individuals that you need courage to face? What is the desired outcome?
5. One of the key takeaways from the story of David and Goliath is that David never doubted. He knew the desired outcome he wanted, and he knew that the only way he would get to that desired outcome was fully trusting in God. Now things don't always turn out the way we want, but when we put our trust in God, and gain our courage from God, we can face anything!

Closing Prayer

Dear God,

Please be with this family as we face difficult times. Just as you were with David in his battle with Goliath, please be with us the battles we face. Help us to fully trust and rely on you, and help us to be there for each other. Give us strength when we feel weak, guidance when we aren't sure where to go, and hope for the future.

In Christ's Name, AMEN.