

McFarlin Memorial United Methodist Church Resource List – 9/2/21

General Help and Community Resources: Call 211 or Text: 211OK to 898211 or Go to: www.211oklahomahelpline.org/

For more information on Food pantries outside of Norman, go to: <http://www.foodpantries.org/ci/ok-moore>

For general info go to Facebook: [FB@NormanCommunityRelief](#) To apply for SNAP benefits (food stamps) Call 487- 5483

Norman Food Pantries	Address	Times and Requirements/Limits	Contact
Aging Services	1179 East Main	M-F: 8:30-5, Non perishables for 60+, Check out: www.aging-services-ok.com	321-3200
Alameda Baptist Church	1503 Alameda	Open T/Th 10-12 by appt only. Call & leave message before 8am T/TH Norman/Noble Res. w ID (3x)	329-5157
Alameda Church of Christ	801 E Alameda	Wed. 10-12:00, Photo ID, 4 th Thurs: 5:30-7:30, 2 nd Sat: 9-12 Res. in McClain/Clev Co	321-0788
Crosspointe Church	2601 SE 24 th	1st-4th Fridays (no 5th Friday) 9-11:30 Pic. ID required, limit every 60 days	329-0823
FBC of Norman	211 W Comanche	Food bags per request during office hours M-F (8-12, 1:30-5) Push intercom button	321-1753
Food and Shelter, Inc.	201 Reed	M-Sat. Breakfast @ 8, lunch @ 11, Sun lunch @ 12 Pantry Hrs: Tues-Sat. 1-3:30.	360-4954
Goodrich UMC Care Closet	200 W. Hayes	3 rd Thurs. 11:00 - 12:00 hygiene/paper items Norman residents, ID required	321-0975
LifeSpring Church	600 W. Tecumseh	1st Sat. 10:00-11:00am, Picture ID required For info, go to www.lifespringnorman.com	
McFarlin UMC Pantry	419 S University	T & Th: 10- 4:00 14 day limit, Pic ID & Proof of Res. in Norman/Noble/Little Axe	321-3484
McFarlin Tues. Together	419 S University	2 nd Tues 6-7:00 Free community meal - on North lawn (Pastoral care T,W,Th 2-4)	321-3484
Meals on Wheels	528 E Main	M-Th 7:30- 3:30, F: 7:30-2:00 Must be over 62 , disabled or doctor referral	321-7272
Mission Norman	2525 E. Lindsey	MTW: 10-11 & 12-2, Th: 2-5:00pm, F:10-12 NO ID required (30 day limit)	321-8880
NormanAdventist.com	1818 E. Alameda	3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland and McClain Co. Res.	250-3589
Pantry Partners (Contact School counselor or PantryPartnersNorman@gmail.com)	Assisting Norman High School students with food/resources txt		833-3671
Salvation Army Meals	318 E Hayes	Dinner 5-6 Hot meals – 7 days a week leona.chapman@uss.salvationarmy.org	364-9910
Salvation Army Food Pantry	1124 N. Porter	T/Th. 1-3, ID/Proof of Residence and Income, Cleveland Co. Residents only, 30 day limit	364-9910
Trinity Baptist Church	801 N Peters	Temporarily closed until further notice. trinitynorman.org	321-2000
Univ. of Oklahoma	1113 Elm Ave	Go to ou.edu/foodpantry for current dates/hours. Student or OU Employee ID card required	
Food Pantries in South and East of Norman:			
First Baptist of Noble	330 E Chestnut	M 1:30-3:00 Pic ID/Proof of Res. HW77 East -96th, Post Oak S to Slaughterville Rd 1x mos.	872-3529
First Baptist of Lexington	900 E. Broadway	T-TH (10-4:00) by appointment only. Driver License, (1x 90 days), Call first.	527-6758
First Methodist of Lexington	631 E. Ash, Lex	3rd Saturday, 12-4:00 Area residents may shop for food items (David: worker.cook@gmail.com)	527-3506
First State Bank – Noble	102 N. Main	M-F 9-5, Sat. 9-12 1x limit 6 months, Fill out questionnaire	872-3434
Hilltop Baptist- East Norman	11710 E Stella Rd	M and Th 9:30-12, 2nd Sat. 9-11 Photo ID required (within 12 mile radius) every 30 days	794-0603
Lakeview Baptist Church	10510 E. Alameda	Thursdays 10-11:30, Call for Info	366-8611
Little Axe Community Center	1000 168 Ave NE	Mondays 9-5 For residents in Little Axe School Dist.	292-9770
Noble Senior Center	600 E. Maguire Road	Drive through congregated lunch pick-up M-F 11:30-12:30 for registered seniors 60+	872-5921
Noble Cupboard	115 N. 2nd St.	24/7 Self-serve pantry located in front of Noble Police Station	
12 Corners Baptist Church	156 th /Etowah Road	Call for info. ID required: Noble and surrounding area residents only	312-1442
Slaughterville Baptist Church	10101 60 th St. Lexington	2 nd Sat. 9-12 pic ID requ. proof of Residence www.svillebc.com	872-5576
Food Pantries in Moore:			
Food Resource Center	2635 N. Shields Blvd	M:12:30-5:30, W-F 10-3, 3 rd Sat 9:30-11:30 S Okc, 73160,73165, 73170 Photo ID, Curbside -Call 1st	600-3182
First Baptist of Moore	301 NE 27 th /I-35	Mon. 10-1, 5:30-7:00 Moore School District only Pic ID and utility bill required, 1x mo.	793-2600
Fresh Start Comm. Church	309 N. Eastern	3rd Thurs. 5-6 Residents of Moore Pic ID required freshstartok.com	794-7313
Highland Baptist (Moore)	2425 SE 4 th	9-12 Tues. and Thurs. Call first 60 days limit Proof of Res. and Pic. ID required	794-5432
Regencypark.church	2001 N. Janeway	Wed. 10-4 Zips: 73160 or 73139 Proof of res. photo ID and SS Card 6x a yr.	794-3507
St. Andrews Catholic	800 NW 5 th Moore	T/F 10-noon, closed 2nd Tues. utility bill photo ID (30 days) Moore School dist. only	799-3334

For updates, Contact Mary Sallee (mksallee@icloud.com)

CHILDREN (and MOTHERS)

Center for Children/Families (CCFI) Boys and Girls Club	210 S. Cockrel ccfinorman.org	Diaper closet: M-F 8-5:00 (limit every 2 wks) Bringing Up Baby program for child develop, breastfeeding, etc. After school enrichment, serving NPS students ages 6 and up, M-F: 7-5:30 during COVID	364-1420
Cleveland Co. Health Dept.	250 12th Ave NE https://oklahoma.gov/health/county-health-departments/cleveland-county-health-department.html	M-Th 8-4, F: 8-11 All services/immunizations (COVID, STD, head lice, dental, car seat <u>by appt. only</u>)	321-4048
Sooner Start (Birth-3)		Early intervention for developmental delays, Children First (First time moms, referrals must contact before 29 weeks – assigned a nurse)	
Child Guidance Program (Birth-12)		Behavioral health, child development, hearing, speech-language pathology (screenings and treatments)	
WIC (Women, Infants and Children)		Nutritional programs for young families and more	
Crossroads Youth & Fam Center	1650 Tecumseh, Ste 500	Counseling, Emergency Youth Shelter	Crossroadsyfs.org 321-0240
Headstart	program.us/city/ok-norman 1333 W Main	6-week to 4 year school readiness program, daycare for special needs	292-6440
Infant Crisis Center of OKC	4224 N. Lincoln Blvd	For Baby Mobile info/schedule to Norman, go to: infanterisis.org/get-help/babymobile/	528-3663
Kaleidoscope Grief Support		Free support for children and families grieving the death of a loved one. For more info, call 306-0052	
Loveworksleadership.org		After school leadership program for ages 11-14 to develop character and inspire young entrepreneurs	
Operation School Bell		Provides new clothes/shoes for students K-12 in NPS & Little Axe Schools Contact school counselor.	
Variety Care	1237 Alameda	Care for uninsured/under insured women/children, nutritionist on Fridays.	632-6688
Variety Care Full Service Dental Care		Free transport from Norman to OKC varietycare.org/full-service-dental-for-children---adults.html	

CLOTHING

Church of Christ in Noble	111 N. Main	Please call to make an appointment. (clothes, bedding, shoes, etc.)	872-3140
Crosspointe Church	2601 SE 24 th	1st-4th (no 5th) Friday 9-11, Picture ID required, 60 day limit	329-0823
First Baptist of Norman	211 W Comanche	Available upon request during office hrs. (Clev. Co. Res. only) ID required	321-1753
First Presbyterian Thrift Shop	402 Toberman	Closed in Jan. Every Thurs. 9-4 minimum cost	321-0933
Nu N Nuf Thrift @ NRH	602 N Findlay	Mon, Wed. 9-3- Inexpensive baby items, clothing, shoes, misc. (Closing soon-call first)	321-3089
Normanadventist.com	1818 E. Alameda	3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland Co. (3x yr limit)	366-7772
Outreach Thrift	621 12th Ave NE	Partners with churches/agencies to give free clothing assistance M-S 9-7, Sun. 11-6	928-2072
Operation School Bell		(See under CHILDREN above)	
regencypark.church	2001 N. Janeway	10-4 Wed. Zips: 73160 or 73139 Proof of residence, photo ID and SS Card required	794-3507
Salvation Army	1124 N. Porter	Clothing for homeless anytime, proof of homelessness, ID and income	364-9910
St Joseph's Catholic Thrift Store	211 N. Porter	Wednesdays 9-3, minimal cost (free if can't afford – No ID required) 1x month	701-3693

MENTAL HEALTH

Child and Family, COCMHC	1120 E. Main	Outpatient service, McClain/Clev. Co. Parent's I.D. & birth certificate requ.	Admissions: 573-3842
Community Works cworksok.com	805 E. Robinson	A behavioral health/addiction agency providing outpatient counseling	447-4499
County Health Dept. (meaganw@health.ok.gov)		Short-term mental health support and community resources navigation	579-2292
Depression and Bipolar Support	www.dbsaok.org	Support group meets at McFarlin on Thurs @ 7:00 Rm 229 Call first:	Diane: 503-1948
Green Shoe Trauma	greenshoe.org	5-day retreats for adults with co-dependency from childhood trauma	
Griffin Memorial Hospital	320 12 Ave NE	Children's Recovery Center and Psychiatric Care (In and outpatient)	Admissions: 573-3842
Griffin Memorial Hospital	900 East Main	Adult psychiatric In- and Out patient care	Admissions: 573-6623
National Association on Mental Illness (NAMI)		For more info, contact: naminormanok@gmail.com	408-0984
OK Dept. of Mental Health/Substance Abuse Services:	ok.gov/odmhsas/	Reachout Hotline 800-522-9054 Gambling: 1-800-522-4700	
Red Rock Behav. Health Services	900 E. Main, Bldg 52	Red-rock.com Psychiatric Crisis Center (suicide, homicidal)	424-7711
Thunderbird Clubhouse	1251 Triad Village Dr	Clubhouse for adults recovering from mental illness (Referral required)	321-7331
Transition House thouse.org	700 Asp Ave. #2	Transitional living program for adults with mental illness.	360-7926
The Virtue Center (M-Th 8-6:30, Fr 8-12)	215 W. Linn	Counseling/recovery services for substance abuse, compulsive gambling mental health issues	321-0022

MEDICAL Also see under **CHILDREN**

Central OK Community Action (Moore) cocaa.org	Eye glasses and prescriptions for under insured. (RX Okla) As available	701-2170
County Health Dept. 250 12th Ave NE	M-Th 8-4, F: 8-11, TB tests, Immunizations, All services by appointment only	321-4048
Etowah Baptist Church 18901 E. Etowah Rd Noble	Pharmacy open the last Tues of the month 6-7:00 Call, leave message	899-7378
JD McCarty Center for Children 2002 E. Robinson www.jdmc.org	Therapy and medical care for children with developmental disabilities	307 2800
Mission Norman 2525 E. Lindsay	Up to \$25 on non-narcotics, Will call pharmacy to verify prescription 1x a yr limit	321-8880
Fresh Start Community Church 309 N. Eastern	Celebrate Recovery 12-step program, Call for more info.	794-7313
The Virtue Center 215 W. Linn	Outpatient counseling for drug addition, gambling and substance abuse, M-Th 9-5	321-0022
<i>OK Mission of Mercy Free Dental Clinic</i>	Note: March 2021 Clinic cancelled. For current info, okdf.org/resources/free-low-cost-clinics	
Slaughterville Baptist Church 10101 60 th St Lexington	Medical appointment ID requ, 2nd Sat. 7-11, first come -come serve	Call for info 872-5576
Variety Care Fam. Medicine 317 E. Himes	M-F, 8:30-5 Health and prescription assistance for adults and seniors.	632-6688
Primary Medical (and Dental Care in Okc)	Accepts SoonerCare, Medicare & self pay (sliding scale based on income)	Varietycare.org

RENT and UTILITY and FINANCIAL ASSISTANCE

Alameda Church of Christ (utilities) 801 E Alameda	Call Mondays @ 8:00 am for appointment on Wed. 1x a yr (3x max)	321-0788
Catholic Charities (financial assistance)	Offers financial assistance to 1st 8 callers @ 8:00 am Monday morning	405-523-3000
Central OK Comm. Action cocaa.org 1183 E Main Bldg F	Rental and Utility (RX Okla) As available	Call and leave message 701-2170
Food and Shelter for Friends (rent) 201 Reed	Call for info/availability, proof of income and eviction notice required	360-4954
Lifespring Church (rent/utilities) 600 W. Tecumseh	1st Sat. 10-11, assistance with past due rent/cut-off notice, Pic ID requ. lifespringnorman.com	
McFarlin Methodist (utilities) 419 S University	Gas/water/elec only docum. required Nor/Noble/Little Axe Thurs@ 9:30 Fenn Hall	321-3484
Mission Norman (utilities or rent) 2525 E. Lindsey	MTW10-2 closed 11-12, TH: 2-5:00, F 10-12 (will pay last \$25 of bill) 1x yr	321-8880
Salvation Army (rent/utilities) 1124 N. Porter	1st Tuesday of month Call @ 9:30, 1x per year limit (3x lifetime limit)	364-9910
Slaughterville Baptist Church 10101 60 th in Lexington	Helping Hands Ministry. Call for availability	872-5576
St. Andrew's Catholic (utility/other)	<u>Moore school district only.</u> Call and leave message	799-3334
St. Joseph's Catholic (rent/utility)	Norman/Noble area Call for appointment. 1x a year limit	701-3693
St. Thomas More (rent, utilities)	Call for Appt. Norman/Noble residents, ID/proof of residence 1x year limit	329-5372
St. Mark's Evangelist Catholic	Norman/Noble/Blanchard zip codes, Call and leave a message	366-8070
Our Lady of Victory (rent/utilities)	For Purcell/Lexington area, Call and leave a message	405-595-1087
Women's Sanctuary Development Center 425 E. Tonhawa	Financial help to homeless families, IDs and birth certificates, GEDs	701-8293

GENERAL ASSISTANCE in Cleveland County

ABLE okable.org 300 N. Crawford	Provides group homes/employment for people with develop. disabilities M-F 8-4	329-3922
Amongfriends.net FB@AmongFriendsOK 1185 E Main	Activity Center (social interaction) for adults with additional needs and disabilities	701-2121
Baby Steps stephaniet@crossroadsyfs.com 941 Nebraska	Provides childcare, counseling/parent classes for teen parents at NPS, car seats	360-2717
Bethesdaok.org 1181 E. Main	M-F 8:00-5:00 psychotherapeutic counseling/treatment for sexually abused children	364-0333
Big Brothers Big Sisters bbbsok.org 502 E. Main	8:30-5:00, M-F, Children ages 6-17 matched with mentor	364-3722
Birth Choice in Norman 457 West Gray	M-TH 10-4, Friday 10-2 1-800-848-LOVE willowpregnancy.org	360-9555
Southcentralcasa.org 1167 E. Main 2nd floor	Court-appointed advocates for abused/neglected children in court system	360-5295
Center for Children and Families 210 S. Cockrel	Diaper Closet M-F 8-5, call for availability. Parenting classes, counseling services	364-1420
(CCFI) ccfinorman.org	Boys and Girls Clubs, teenage and new parent classes, divorcing/co-parent services	364-1420
Central OK Community Action Agency cocaa.org	Assistance toward eye care, dental, prescription, rent/utility when available.	701-2170
Comm. After School Program caspinc.org 1023 N. Flood	Tuition based for children with working parents, some scholarships available	366-5970
Compassionate Friends 1177 E Main	Self-help org that helps people with grief after death of a (grand) child or sibling	630-7546

Employment: Oklahoma Works program Go to: **Okjobmatch.com 405-3234-5000**

DHS	okdhslive.org	To report abuse and neglect: State Hotline:	1-800-522-3511
CC DHS (Norman Office)	631 E Robinson	To apply for SNAP benefits , call 487- 5483 Daycare Medicaid temp assistance,	573-8300
Full Circle	fullcircleok.org 4223 28th Ave NW	Adult Day Services – Open M-F, 7:30-5:30 and 2 nd Sat of the month: 8-4	447-2955
Habitat for Humanity Restore	1100 W. Main	Buy new and used bldg supplies/furniture/appliances at a discounted price	360-7868
Human Trafficking Crisis Hotline	thedragonflyhome.org	Resources for victims, OK Bureau Narc. 855-617-2288 or 24 hr toll-free hotline: 855-674-4767	
ID Assistance	McFarlin U.M.C. 419 S. University	Call on Tues. and Thursdays (between 2-4) for help with obtaining I.D.s/bus passes	321-3484
OU Legal Clinic	300 Timberdell Rd	8-5 M-F, Assistance (as available) for low-inc. Cleveland/McClain Co. residents	325-3702
Mary Abbott Children's House	231 E. Symmes	Offers coordinated investigation and intervention services to child abuse victims	579-5800
PFLAG (Parents, Families and Friends of Lesbians and Gays)		Provides support/advocacy. Meeting via Zoom (See their Facebook Page) 2 nd Thurs @ 7	360-4497
Planned Parenthood	plannedparenthood.org 2100B W. Lindsay	Pregnancy testing, HIV testing and counseling, contraceptive services	360-1556
Progressive Independence	121 N. Porter	M-F 830-5 info/referral/peer counseling/skills training and advocacy for the disabled	321-3203
RAIN Oklahoma	5001 N. Penn Ste 100 OKC	Free HIV Testing Advantage Services, Case Management 8:30-4:30, M-F	232-2437
Second Chance Animal Sanctuary	A nonprofit sanctuary for stray/abandoned or abused cats and dogs. www.secondchancenorman.org		321-1915
Social Security	200 NE 27 th Moore, OK	ssofficeLocations.org/oklahoma/cleveland-county/ 1-866-964-4261 or	1-800-772-1213

SENIORS and VETERANS	For up-to-date senior services, go to: www.unitedwaynorman.org/help See " Senior Resource Guide "		
Aging Services office:	1179 E Main 329 S. Peters	Respite program, light housekeeping and congregate meals (Donations accepted)	321-3200
Cleveland Co. Health Dept.	250 12th Ave NE	Call to speak with the Veteran Coordinator	321-4048
Veteran Corner (in Newcastle on HW 9)	3805 SE 44 th St.	Currently closed due to COVID www.facebook.com/VeteransCornerInc For info, call:	387-5070
EnvisionSuccessOK.org	1151 E. Main Bldg G	T-F, 10-5 Equipping veterans: counseling, job placement resume' skills, Cont. Ed	701-2015
purplehearthisusa.org	(No Purple Heart requ.)	Provides home repairs for Service Connected, Disabled and Aging Veterans	704-838-4044
Services to Armed Forces :	American Red Cross Hero Care Network	assistance for financial emergencies, reintegration, counseling	877-272-7337

TRANSITION HOUSING and SHELTER

Bridges	bridgesnorman.org 1670 Stubbeman Ave	Provides qualifying H.S. students with access to housing/basic services so they can graduate	579-9280
Emergency Homeless Shelter	325 E Comanche	No ID needed, 1 bag limit, Adults Only, Check-in @ 7pm Check-out 7am	229-8528
Food and Shelter for Friends	201 Reed	Call for Info: Monday - Friday 9-5,	360-4954
Habitat for Humanity	1100 West Main, #100	Ecumenical housing ministry that seeks to eliminate substandard housing. cchfh.org	360-7868
Mission Norman		Housing for homeless families with children. Call for application	321-8880
Norman Housing Authority	700 N. Berry Rd normanok.gov/city/norman-housing-authority	Housing/rental assist. for low-inc. families, handicapped/elderly	329-0933
Salvation Army	318 E Hayes	As space permits (14 day limit every 45 days) Valid ID, check-in @4:30- 6, 1 bag limit	364-9910
Thunderbird Clubhouse	1251 Triad Village Dr.	Clubhouse for adults recovering from mental illness	321-7331
Transition House	thou.se.org 700 Asp Ave. #2	Transitional living program for adults with mental illness	360-7926
Women's Resource Center	confidential	wrcnormanok.org If in danger or need to talk: Rape Crisis Hotline: 701-5540	364-9424
Women's Sanctuary Day Shelter	425 Tonhawa	M-F, 8:30-4:00 Showers, laundry, computer, children play area, help with ID and GED	701-8248

TRANSPORTATION

Cars Main. Ministry at Crosspoint Church	2601 SE 24 th	2 nd /4 th Saturdays (You provide/pay for parts) Contact Tim for more info/waiting list.	405-465-4427
Embark bus transportation	Embarkok.com/norman	Free service in Norman: M-F 7-10, Sat. 10-7 Closed Sun and major holidays	235-RIDE (7433)
*EMBARK Plus (Curb to Curb transit for elderly/disabled) If you have TTY service, dial 711 or call 325-5438 to reserve. Must book 1-7 days in advance.			
First Baptist Church (Bicycles)	211 W Comanche	Cleveland Co. residents. Photo ID required (Call for appointment)	321-1753
Kiwanis Cruiser (Aging Serv.)	1179 E Main	60 & up and/or (disabled 18 & up) donation (Runs 8:30 – 3:45 M-F) Walmart (Wed.) 24 hr reserv.	321-3200
Lifespringnorman.com	600 W. Tecumseh	1st Sat. 10:00-11:00 am (Limited amount of \$15 gas cards) Pic ID required	
McFarlin U.M.C.	419 S. University	Call between 2 and 4 on Tues. and Thursdays for info on bus passes to OKC	321-3484
Mission Norman		Gas vouchers for Dr. apt or job interview only, ID /appointment verification required	321-8880
Sooner Ride (Medicaid # required)		Call from 7-8:00pm M-F. with complete address/phone, Must reserve 3 days ahead	1-877-404-4500
Can reserve online at: member.logisticare.com for medical appointments (documentation required)			