McFarlin Memorial United Methodist Church Resource List (10.23.26)

For the latest 24/7 outdoor pantries, check Facebook: "The Pantry Page" Also: Findhelp.org

General Resource Info: Call 211 or Text: 211OK to 898211 or go to www.211oklahomahelpline.org/ for pantries *outside Norman*

NORMAN FOOD PANTRIES

		Times and Requirements/Limits	*Unless indicated*, **all #s are 405 Area Code:**
Adventist Community Services	1818 E. Alameda	3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland and McClain Co.	250-3589
Aging Services Inc. Norman **Adult Wellness & Education Center (AWEC)	602 N. Findlay*	Meals for Srs served M-F 11:30-12 at the new AWE. Reservations must be made in person on site the previous Friday between 11:00-11:30 for the following week. Suggested donation: $	572-206-3718
Alameda Church of Christ	801 E Alameda	Wed. 10-12, 4th Thurs: 5-**6:30**, 2nd Sat: 9-**11** Photo ID for residents in McClain/Cleveland Co.	321-0788
*Antioch Norman	1330 E. Lindsey	"The Table" Community dinner on 1st and 3rd Mondays of the month, 6:00-7:30	310-4343
Beacon Project (Pantry Partners)	513 W. Gray	Serving NPS high school teens (13-19) in Norman area Contact info@thebeaconproject.org	217-2077
Crosspointe Church	2601 SE 24th	All Fridays 8:30 -11:30, Pic. ID required, limit every 6-8 weeks	329-0823
FBC of Norman	211 W Comanche	Food bags per request during office hours M-F (8-12, 1:30-5) Push intercom button	321-1753
*Food and Shelter	201 Reed	Breakfast @ 8-10 and lunch @ 11 – 7 days a week For **Pantry,** *see **Share Center** below*	360-4954
Goodrich UMC Care Closet	200 W. Hayes	3rd Thurs. 11:00 - 12:00 hygiene/paper items Norman residents, ID required	321-0975
Lifespring Church	600 W. Tecumseh	1st Sat. 10-11 First come-First served as supplies last Go to mylifespring.church/share-ministry	292-7770
McFarlin Mem. UMC Pantry	**401** S. University	T/Th: 10-4; (2 Sats/mo. 10-1 Call for dates, 2 wk limit, Serving residents. of Norman/Noble/Little Axe	766-**7962**
*McFarlin Tues. Together Meal	419 S University	Free community dinner 6:00-7:00 in Fenn Hall, 2nd Tues. of the month. *Call to confirm*	321-3484
**mealsonwheelsnorman.com	921 N Lahoma	Office Hrs M-Th 7:30-3:30, F:7:30-2 Must be over 62. Under 62, must be disabled/doc referral	321-7272
Outreach Thrift	615 Alameda	Refrigerated and canned goods pantry available during store hours: M-F 10-6, Sat: 10-7, Sun. 12-6	928-2072
**Roserock Villa	2227 W Lindsay	Agingservicesok.com Provides lunch for Srs. with 24 hr call in reserv. Suggested Donation $3 for 60+	
*Salvation Army Meals	318 E Hayes	Hot Community Meals – 7 days a week Dinner served 5:00-5:45	364-9910
Salvation Army Food Pantry	1124 N. Porter	Call anytime to make appointment. Client-choice experience. 30-day limit	364-9910
The Mission	2525 E. Lindsey	MTW: 10-2, Th: 2-5:00, F:10-12 NO ID required (30 day limit)	321-8880
The Share Center (Food and Shelter)	213 Reed	T/W 2:30-5:30; Th/F 11-2, 3rd Sat. 12-2 Arrive 30 min early. Norm, Noble, Lex, McClain Co. Photo ID Proof of Res.	701-1890
South Canadian Valley Pantry	2217 24th SW	Every 2nd Saturday of the month 10-11:30 am	364-4051
Univ. of Oklahoma	331 Cate Center Dr.	Go to ou.edu/foodpantry for current dates/hours. Student, staff or faculty. OU Employee ID card required	

***Meals served** ****Meals specifically for Srs** *For a list of outdoor 24/7 accessible pantries in Norman, See* **facebook.com/groups/pantrypagenorman/**

Food Pantries in East Norman, Noble & Lexington

Circle the Wagon's Ministries	604 E. Broadway Lex	2nd and 4th Tuesdays of the month, 2-4 pm, No salary limit required. For more info, call	835-9937
First Baptist of Noble	330 E Chestnut	M 1:30-3:00 Serving residents HW77 East -96th, Post Oak South to Slaughterville Rd 1x every 6 wks	872-3529
First Baptist of Lexington	900 E. Broadway	Non-perishable items. M-TH (9-4:00 by appointment) Limit 1x 90 days. Call first.	527-6758
First Methodist of Lexington	631 E. Ash, Lex	3rd Saturday, 12-4:00 Area residents may shop for food items	527-3506
First State Bank – Noble	102 N. Main	Walk-ins M-F 9-5, Sat 9-12 Limit 1x every 6 months	872-3434
Hilltop Baptist- East Norman	11710 E Stella Rd	M/Th 9:30-12, Photo ID, 15 mile radius, 30 day lim. Must show piece of mail for proof of res.	794-0603
Little Axe Community Center	1000 168 Ave NE	Open on Mondays @ 9:00 until food is gone. For residents in Little Axe School Dist.	292-9770
**Noble Senior Center	600 E. Maguire Road	Congregate lunch pick-up M-F 11:30-12:00 ($3 suggested donation for 60+) 24hr reserv required	312-9705
Noble All Volunteer Pantry	2nd St.	24/7 Self-serve pantry located north of police station near alley by Methodist Church	
12 Corners Baptist Church	156th/Etowah Road	Call for info. ID required: Noble and surrounding area residents only	312-1442

Food Pantries in Moore and South OKC *** Meals specifically for seniors*

Food & Resource Center (Moore)	2635 N. Shields Blvd	M:12:30-5:30, W-F 10-3, 3rd Sat 9:30-11:30 For requirements/service zip codes, go to**: rfbo.org/frc**	600-3182
First Baptist of Moore	301 NE 27th /I-35	Mon. 10-1, 5:30-7:00 1x mos. For qualifying zip codes and info, go to: firstmoore.com	793-2600
Fresh Start Comm. Church	309 N. Eastern	3rd Thurs. 5-6, Residents of Moore Pic ID required, freshstartok.com	794-7313
Highland Baptist hbcmoore.org	2425 SE 4th	1st/3rd Tues. of month: 6:30-7:30, Every Thurs. 9-12, Pic. ID required (60 day limit)	794-5432
Moore 1st UMC (NE Entrance)	201 W. Main	Wed. 3-5:00, Sundays 1:30-3:00 Call for info and to set up an appointment after hours	794-6671
**The Brand Sr. Center in Moore	501 E. Main	Aging Services provides Sr. lunches for suggested donation of $3.00 24-Hr Reservation required:	793-9069
Regencypark.Church Care Closet	2001 N. Janeway	Wed. 10-4 Serving low-income residents in zip codes: 73160 or 73139, limit 1x a month	794-3507
St. Andrews 'Pac a Sac'	800 NW 5th Moore	Every T/F 10-noon utility bill & photo ID required (30 day limit) Moore School Dist. residents only	799-3334

CHILDREN AND PARENTS

A Brighter Day	800 W Rock Creek #115	Free diapers/wipes and baby supplies for 0-36 months each week. Must register Call/Text	405-968-3343
Abbott Children's House	231 E. Symmes	Offers coordinated investigation and intervention services to child abuse victims, abbott-house.org	579-5800
Alameda Church of Christ	801 E. Alameda	Baby Pantry on Weds 10-12, 4th Thurs 5-6:30, 2nd Sat. 9-11, Photo ID Clev/McClain Co. Res	321-0788
Baby Steps	941 Nebraska	Provides childcare, counseling/parent classes for teen parents at NPS	360-2717
Bethesdaok.org	1181 E. Main	M-Th 8-6, F 8-12 psychotherapeutic couns./treatment for sexually abused children 3-18, Ed Program	364-0333
Beacon Project, Inc.	513 W. Gray	Helping NPS teens (13-19) with resources beyond just food. info@thebeaconproject.org text:	217-2077
Big Brothers Big Sisters	502 E. Main	8:30-5:00, M-F, Children ages 6-1**5** matched with mentor, For info: bigoklahoma.org	364-3722
Boys and Girls Club (CCFI)	ccfinorman.org	Enrichment for NPS students ages 6 and up, M-F: 3:00-7 (8-5 for the summer month programs)	364-1420
Bridges	1670 Stubbeman	Provides qualifying H.S. students with access to housing/basic services so they can graduate	579-9280
CASA: Southcentralcasa.org	401 W Main Ste 440	Court-appoint advocates for abused/neglect children in court system, Must be in DHS Custody	360-5295
Center for Children/Families	210 S. Cockrel	Baby pantry: M-F 8-5: (limit 2 wks) teen/new parent classes, divorcing/co-parent serv, counseling	364-1420
Comm. Action Moore **cocaa.org**	224 S. Chestnut, Ste 100	Diaper Assistance for eligible families Apply through county office. For info, ask for Carol:	827-6959
Children's Recovery Center	320 12 Ave NE	Inpatient Psychiatric care for ages 12-17 with mental health issues Admissions:	573-3842
Cleveland Co. Health Dept.	M-Th 8-4, F: 8-11	By appointment: STD, family planning, WIC, car seat, child health, immunization, head lice	321-4048
Sooner Start (Birth-3)	250 12th Ave NE	Early intervention for develop. delays, Children First (First time moms, referrals must contact before 29 weeks	
Child Guidance Program (Birth-12)		Behavioral health, child development, hearing, speech-language pathology (screenings and treatments)	
Crossroads Youth & Fam Center	1650 Tecumseh, Ste 500	Counseling, Emergency Youth Shelter Crossroadsyfs.org	321-0240
Cleveland County Office	303 E. Comanche	Adult and Family Services (Dept. Human Serv.) Apply online, in person or over the phone at**:**	**522-5050**
Dept. of Human Services	okdhslive.org	M-F 8-5. EBT cards are available at this location from 8:30-4:30.	
Early Birds	sunbeamfamilyservices.org/earlybirds/	Free program to help caregivers of 0-5 or pregnant moms learn about child development/school readiness	
Eden Clinic	1125 N. Porter, Ste 200	Free birth prep, Parenting support/preparation and baby supplies with education Call or txt	579-4673
Fostering Futures	fosteringfuturesok.org	Serving children involved with OKDHS child welfare system in Clev., McClain and Garvin Co.	579-5000
Family Expectations	familyexpectations.com	Free program to help parents prepare for new baby/strengthen relationship between partners	639-2054
Headstartprogram.us/city/ok-norman	1333 W Main	6-week to 4 year school readiness program, daycare for special needs	292-6440
Infant Crisis Center of OKC	4224 N. Lincoln Blvd	For **Baby Mobile** info/schedule for Norman, go to: infantcrisis.org/get-help/babymobile/	528-3663
kaleidescopegriefsupport.com		Free support for children (ages 3-18) /families grieving the death of a loved one. For info call:	306-0052
Loveworksleadership.org	219 E. Gray(new)	Free afterschool opps/events for middle schoolers to develop leadership, social/life skills/character	566-0316
okabletech.org		Partners with SoonerStart to provide Assistive Technology (AT) to infants/toddlers with disabilities	
OK Breastfeeding Resource Center		Access resources through the new **OK BF** app. Visit www.breastfeedinghealth.org or call	271-6162
Okla. Baptist Homes for Children **obhc.org/children**		Child-focused care for 6-18 yrs coming from hurting families (divorce, drug abuse, incarceration, sickness)	
Operation School Bell		Provides new clothes/shoes for students K-12 in NPS & Little Axe Schools Contact school counselor	
Open Heart Resource Room@gmail.com		Delivers items to children in *out-of-home* care. Referral from agency/minister or DHS required	329-8041
Safe Families Oklahoma	SafeFamiliesOK.org	Offers support to fams in crisis, hosting kids temporarily while parent/guardian is unavailable. Referral #:	418-3825
Safecare	4436 NW 50th OKC	Free visiting program that provides weekly support/education for parents with at least 1 child (0-5)	858-2725

CHILDREN and PARENTS continued …

Sooner Success	Soonersuccess.ouhsc.edu	Provides support for families raising a child with special needs, connecting to resources for unique needs	651-7809
Sox of Love	soxoflove@gmail.com	Provides clean laundry, new socks and meals for neighbors. Follow on Facebook @soxoflove	494-0005
SunhiveCollective.com	5201 NE 24th	Provides support and education for young adults with disabilities on the path to independence	
TRUEDads.com	3 East Main, Okc	For dad/co-parents to learn how to work better together, build relationships & find a better job	418-3888

CLOTHING *Laundry Love (Sox of Love) Free laundry at Sooner Wash 1x a month. For date & info, contact soxoflove@gmail.com or call 362-6052*

Adventist Community Services	1818 E. Alameda	3rd, 4th & 5th Tues. (9-12) Current ID/proof of residence Cleveland Co. (3x yr limit)	366-7772
Noble Church of Christ	111 N. Main	Clothing House (clothes, bedding, shoes, etc.) 1st and 3rd Fridays from 8-10 Call for info.	505-1598
Crosspointe Church	2601 SE 24th	Fridays 8:30-11 in the Crosspointe Care Center. Picture ID required, 5-6 week limit	329-0823
First Baptist of Norman	211 W Comanche	By appt: 2nd/4th Fridays. Can also request during office hrs. (Clev, Co. Res. only)	321-1753
First Presbyterian Thrift Shop	404 Toberman	Thursdays, 9-4 (exc. for holidays/school closings), min. cost, emergency vouchers 1-2:30	321-0933
Outreach Thrift	315 Alameda (new)	Accepts referral vouchers from agencies for free clothing assistance M-F 10-6, Sat:10-7, Sun. 12-6	928-2072
Salvation Army	1124 N. Porter	Clothing Voucher for unhoused any day of the week except Wed. Must have ID, proof of homelessness	364-9910
St Joseph's Catholic Thrift Store	211 N. Porter	Wednesdays 9-1, minimal cost (free if can't afford) 1x month	701-3693

GENERAL ASSISTANCE in Cleveland County (C.C.)

Ability Connection OK	okc@acok.org	Serves children/adults with disabilities (Cerebral Palsy) to advance independence & productivity	759-3562
ABLE	300 N. Crawford	Provides group homes/employment for people with developmental disabilities M-F 8-4	329-3922
Alameda Church of Christ	801 E. Alameda	State ID/Driver License and Birth Cert. Replacement Assistance during Food Pantry Hours (See above)	
Among Friends	1185 E Main	A day activity center for adults with special /additional needs. FB@AmongFriendsOK	361-5529
Cleveland Co. DHS (Norman)	631 E Robinson	To apply for **SNAP benefits**, call 487- 5483 Daycare Medicaid temporary assistance	573-8300
DivorceCare.org	1500 E Imhoff Rd	In-person/online groups meet at various churches in the Norman area. See website for info.	
DUI and ADSAC) Services	2457 Wilcox Dr	For assessments and info on DUI School, see the Virtue Center in Norman: thevirtuecenter.org	321-0022
Norman Habitat Restore	831 Sonoma Park Dr.	New/used building supplies/furniture/appliances at discount. Takes referrals from case workers	360-7868
roserockhabitat.org		Wheelchair ramps, emergency home repair, yard clean-up and code violation assistance	366-2813
HUGS Ministry Follow on facebook.com/hugsstreetministry		Mobile trailer: showers, help with IDs, Birth Cert. clothing items, hot meal for the unsheltered	684-0025
(thedragonflyhome.org)		Resource for victims of human trafficking, 24-hr helpline Toll-free: 855-674-4767 or OKC: 212-3377	
Laundry Love www.soxoflove.com		Offers socks/laundry service to those needing a helping hand. See website for location/dates.	362-6052
LegalAidOK.org (Suite 1550)	2227 W Lindsay	Provides free legal service (not criminal) Eviction notices, bankruptcy, custody, etc.	360-6631
legalclinic@ou.edu	300 W. Timberdell Rd	Pro-bono service of civil/criminal cases for low income residents in Cleveland/McClain Co.	325-3702
OK Indigent Def. System (OIDS)	111 N. Peters Ste 500	Court appointed public def/criminal trial attorneys for Clev, McClain, Garvin Co. ok.gov/OIDS	801-2636
PFLAG pflagnorman.org		Provides support/advocacy for families of LGBTQIA2S+ Meets 2nd Thurs.@ 7 at East Side Library	360-4497
Plannedparenthood.org	619 NW 23rd OKC	Pregnancy testing, HIV testing and counseling, contraceptive services	528-2157
RAIN Oklahoma (OKC)	3800 N Classen Ste 200	M-F 8:30-4:30. HIV Case Management For info:rainoklahoma.org	232-2437
Red Dirt Collective rdc.normanok@gmail.com		Works in solidarity with the poor/working class. Community Gardens/Mutual Aid Fairs	
Salvation Army	1124 N Porter?	ID Assistance, Thurs. (9-Noon) Must have proof of homelessness (No birth cert. assistance)	364-9910
Social Security (ssa.gov)	200 NE 27th Moore	M, T, Th, F 9-3; Wed:9-12 Offices offer info, help/services handled by the SSA or call:	866-964-4260
theedenclinic.com	1125 N Porter, Ste 200	Free Pregnancy tests/ultrasound to confirm pregnancy, STI testing/treatment for women/men	579-4673
Women's Resource Center	wrcnormanok.org	If in danger/need to talk: Domestic Violence Crisis Hotline: 405-701-5540	364-9424
Workforce Innovation Opp. Act (WIOA)	103 W. Acres	A state-wide free web-based job-matching and labor market info system; Okjobmatch.com	701-2681

MEDICAL: *Also see (CHILDREN and Parents)*

Blanchard Healing Hands Comm. Clinic	600 N Main	Free primary care service to those w/o insurance. 3rd Thurs from 6-9 pm, Scripts filled on-site.	673-6374
Cleveland County Health Dept.	250 12th Ave NE	M-Th 8-11, 1-4, F: 8-11, STD testing, fam planning, immuniz. by appoint only (No COVID)	321-4048
Hope Pregnancy Center	(thinkimpregnant.org)	Safe, confidential/caring environment to explore options without judgement; pregnancy tests	688-8700
JD McCarty Center	2002 E. Robinson	Therapy and medical care for children (0-21yrs)with developmental disabilities www.jdmc.org	307 2800
Moore Faith Medical Clinic	(No drop-ins)	Free clinic on Thurs 6-8:30 for uninsured. For appointment, contact 405-759-0853 #1 & leave a message.	
Okabletech.org		Helps Srs & people with disabilities acquire needed medical equipment and assistive technology (AT)	
The Mission	2525 E. Lindsay	Up to $25 on non-narcotics, Will call pharmacy to verify prescription 1x a yr limit	321-8880
Variety Care Fam. Medicine	317 E. Himes	M-F, 8-5 med. care for men/women & children (by appt.) Behavioral health for men/women: M-Th 8-5	
Varietycare.org	1237 Alameda	M-F 8-5, Medical care and behavioral health for children up to 18, Women's healthcare, pregnancy tests	
Variety Care Primary Medical	632-6688	Dental Care (in OKC with free transportation) Accepts SoonerCare, Medicare & self pay (sliding scale)	
Women's Resource Center	confidential	wrcnormanok.org If in danger or need to talk: **Rape Crisis Hotline: 701-5660**	701-5550

PET CARE/ADOPTION

St. Francis Animal Resource Center	stfrancisarc.org	Provides resources such as food, supplies and linkage to vet services to keep pets with their people	367-5862
For low cost or free spay/neutering services, check out: stfrancisarc.org/resources			
Norman Animal Welfare		https://www.normanok.gov/residents-visitors/animal-welfare/fees	292-9736

MENTAL HEALTH and ADDICTION:

Addiction Hotline: Call 988 **Tobacco:** 800-QUIT NOW **Gambling:** 800-522-4700 **Suicide Prevention:** 800-273-TALK **Spanish:**888-628-9454

A Better Way mhaok.org/ABW		'Boots on the ground' help for homeless/mentally ill to get case management and find employment	768-5572
alameda.church/connect/celebrate-recovery		Find freedom from life's hurts, hang-ups and habits. Meets Tues. eves at 6:30 Call for more info	321-0788
Alzheimer's Support Group	419 University	Luncheon ($10) 3rd Wed. in Rm 209 McFarlin Memorial U.M.C. RSVP 1 week in advance to	321-3484, ext 115
Central OK Community-	909 E. Alameda	Adult outpatient services, McClain/Cleveland County (Adult Crisis: 613-1122)	360-5100
Mental Health Center	1120 E Main	Child (18 and under) & family outpatient services Crisis hotline for 18 and under: 397-4929	573-3812
Children's Recovery Center	320 12 Ave NE	Inpatient Psychiatric care for ages 12-17 with mental health issues Admissions:	573-3842
Community Works	805 E. Robinson	A behavioral health/addiction private agency providing outpatient counseling cworksok.com	447-4499
Depression and Bipolar Support (dbsaok.org)		Support group: Meets at St. Stephens Methodist Church, Thurs. @ 7:00 Call to confirm Diane:	503-1948
The Eden Clinic	1125 N Porter, Ste 200	Confidential, non-judgemental support for those facing difficulty after an abortion Call or text:	579-4673
Fresh Start Comm. Church	309 N. Eastern	Celebrate Recovery 12-step program, Large group at 6:30 Tues./7:30 share group Call for info.	794-7313
Gratitude in Action (AA)	211 W. Comanche	12-Step AA group meeting at First Baptist Church in Norman. For more information call..	655-7900
Green Shoe Foundation		5-day retreats for adults with co-dependency from childhood trauma For more info, call	697-2109
Griffin Memorial Hospital	900 E. Main	Inpatient psych. Care for adults with mental health/substance abuse issues No insurance required. Adm:	573-6623
National Alliance on Mental Illness (NAMI)		For more info in Norman, contact: naminormanok@gmail.com or NAMIoklahoma.org Call/text:	405-408-0984
Oschavilla Sober Living	OK County	A men's sober living home providing a safe, structured and supportive recovery environ. (Monthly fee)	919-4471
Red Rock Outpatient Serv.	900 N Porter #110	Out-patient Psychiatric Crisis Center (suicide, homicidal) for adults/children M-Th 8-5, F: 8-4	424-7711
Red Rock Crisis Unit	900 E. Main St, Bldg 52	Adult In-patient services Open 24/7 Crisis hotline: 987-ROCK red-rock.com/resources	307-4811
Restore Behavioral Health	1008 24th Ave NW	A safe place to find help, hope and healing. Lost-cost options available. **Restore-bh.com**	310-3262
SHREDtheStigmaOK.org		Addresses accidental overdoses & other drug-related harm through realistic and achievable approaches	295-5167
Thunderbird Clubhouse	1251 Triad Village Dr	Clubhouse for adults recovering from mental illness (Referral required) referrals@thunderbirdclubhouse.org	
Transition House	700 Asp Ave. #2	Transitional living program for adults with mental illness. For more info, go to thouse.org	360-7926

MENTAL HEALTH and ADDICTION cont.

Tribal Opioid Response Grant www.asthealth.org Free Narcan and fentanyl test strips to general public. Treatment/recovery services for citizens of a federally TOR@astribe.com 15951 Little Axe Dr. Recognized tribe residing in Cleveland Oklahoma, Pottawatomie, Lincoln and Logan counties.

The Virtue Center	2457 Wilcox Dr.	Walk-ins welcome M-Th 8-6:00, Fr 8-12 for counseling/substance abuse, gambling addiction, Mental health for adults, teens and families, Nalaxone distributor thevirtuecenter.org	321-0022
Wildwood Caregivers Support Group		Meets at Wildwood Church in Norman, 1501 24th Ave, NE For more info and meeting times, call	329-3939

RENT and UTILITY and FINANCIAL ASSISTANCE

Alameda Church of Christ (utilities)	801 E Alameda	Requires "Cut-off" Notice Call Mon @ 8:30 am for Wed. appointment 1x a yr (3x max)	321-0788
Catholic Charities (ccokc.org) utilities	1232 N Classen OKC	6 online apps accepted on Mondays @ 8:30. Catholiccharities.org/emergency-rent-utility-assistance	523-3000
COCAA.ORG (Moore)	224 S.Chestnut Ave	Low inc. family util. assistance up to $150 (OG&E) Rental Assistance when funds are avail.	434-6100
Food and Shelter for Friends (rent)	201 Reed	Call for info/availability, proof of income and eviction notice required M-F 8-4	360-4954
lifespringnorman.com (rent/utilities)	600 W. Tecumseh	1st Sat. 10-11, $100rent/$75util. assist. Bring cut-off notice/letter from landlord Pic ID req.	292-7770
Low Income Home Energy Assistance Program (LIHEAP)		Provides winter heating/sum cooling funding to eligible low-income households LIHEAP2@okdhs.org	
Low Income Household Water Assistance Program (LIHWAP)		DHS Water Assistance https://search-tool-jade.vercel.app/ Type in zip code for application	522-5050
McFarlin Methodist (utilities)	419 S Univ. SE Ent.	Gas/water/electric, Bills required Norman/Noble/Little Axe Res only. Thurs. Register @ **8:00**	321-3484
The Mission (utilities or rent)	2525 E. Lindsey	MTW10-2 (closed 11-12) TH: 2-5:00, F 10-12 (will pay last $25 of bill) 1x yr limit	321-8880
St. Vincent de Paul at St. Andrew (utility/other)		Moore school district only, Call and leave message	799-3334
St. Vincent de Paul at St. Joseph (rent/utility)		Norman/Noble area Call for appointment. 1x a year limit	701-3693
St. Vincent de Paul at St. Mark's (utilities)		Norman/Blanchard zip codes, Call and leave a message	366-8070
St. Vincent de Paul at St. Thomas More (rent/utilities)		Norman/Noble area. Call and leave a message 1x every 12 months	329-5372
St. Vincent de Paul at Our Lady of Victory (utilities)		For Purcell/Lexington area only, Call and leave a message	595-1087
Salvation Army (utilities only)	1124 N. Porter	Call any time to see if you qualify and set up an appointment. 1x per year limit	364-9910
Women's Sanctuary (Catholic Charities)	425 E Tonhawa	Assists women with deposit for rent or electric up to $300. Call for info:	701-8293

SENIORS and VETERANS *C.C. – Cleveland County*

Agingservicesok.org New location!	**2227 W. Lindsey Suite 1213**	Special financial assist./Food Pantry/ Caregiver Respite, Grandparents raising Grandchildren, Housekeep. Vouchers/Transportation/Med Supply Lending: Wheelchairs, walkers, shower chairs, canes, pull-ups	321-3200
Alzheimer's Support Group	419 University	Luncheon ($7) 3rd Wed. in Rm 209 McFarlin Mem U.M.C. RSVP 1 week in advance to:	321-3484, ext 115
Caring Assistance Line	Okcares.org	Statewide Ass. line for aging/disability resources: (Caregiver, in-home assist, legal, Med info)	800-211-2116
Dale K. Graham Vet Foundation	1233 W. Lindsay	Accredited foundation serving veterans & families in the VA claims process DKGVF.ORG	550-8806
Full Circle Daycare fullcircleok.org	4223 28th Ave NW	Adult Day Services M-F, 7:30-5:30 Caregiver Support 1st Tues @ Comm Serv Bldg. 1st floor	447-2955
Envision Success 4 Veterans	315 W. Main	Accredited Veteran Service Officers Assist vets/fams with resources, claims/benefits at no cost.	701-2015
Force50foundation.com (Vets)		Providing grant funding to partner veteran orgs and emergency aid to veterans in-crisis	
Grandparent Toolkit	Oklahoma.gov/health/GrandparentToolkit	Find resources on: Nutrition, Mental Health, Infant Health/safety Respite Care, Discipline	
Okabletech.org		Helps Srs with disabilities acquire needed medical equipment and assistive technology (AT)	800-257-1705
Supportive Services for Veteran's Families (SSVF)		Statewide housing assistance for eligible veterans www.OKVetUnited.org	405-724-3360
TheHugsProject.com		Because every American who defends freedom deserves the thanks of our grateful nation	Call: 651-8359
Veteran's Corner (in Newcastle)	3805 SE 44th	Open T/Th from 8-12. Small food closet and some rent/utility assistance	Call for info. 387-5070
CC Veterans Service Coordinator	210 S. James Garner	Provides avenues to claim benefits from county, state and federal agencies.	O:366-0673 C: 593-5365

TRANSITION HOUSING and SHELTER

Norman Night Shelter (City Care)	109 W. Gray	Check-in at 5:00 to reserve a bed. Call for more info on reservation protocol	724-8439
Bridges	1670 Stubbeman	Provides qualifying H.S. students with access to housing/basic services so they can graduate	579-9280
Food and Shelter for Friends	201 Reed	Call for Info: Monday – Friday, 8-4	360-4954
Habitat for Humanity (roserockhabitat.org)		Builds affordable homes, wheelchair ramps, repairs, yard clean-up. See website for more info.	366-2813
Norman Housing Authority	700 N. Berry Rd	Housing/rental assist. for low-inc. families & handicapped/elderly See: normanha.org	329-0933
Salvation Army	318 E Hayes	As space permits (60 day limit) 1 bag limit , Extra "Cold cots" for women when below 32°	364-9910
The Mission	2525 E. Lindsey	Housing for homeless families with children. Call or come by for application.	321-8880
Transition House	700 Asp Ave. #2	Transitional living program for adults with mental illness www.thouse.org	360-7926
Women's Sanctuary Day Shelter	425 Tonhawa	Women/Child M-F 8:30-4:00 Showers, laundry, computer, children play area, GED and case help	701-8293

TRANSPORTATION

Care-A-Vans: normancareavans.org		**Free** transportation for Norman's unhoused, M-F 8-5 subject to volunteer availability **Text:**405-532-6436 Meal delivery M-Th eves for Norman's unsheltered. Weekend/holiday shuttles between shelters.	
Crosspoint CARs Ministry	2601 SE 24th	Minor repairs by appointment only. Must apply online: https://forms.gle/13UrumiVUXEZCLgj9.	329-0823
First Baptist Church (Bicycles)	211 W Comanche	Cleveland Co. residents. Photo ID required (Call for appointment)	321-1753
Kiwanis Cruiser (Agingservicesok.org)		60 & up/Under 60 if disabled, $2.50/$5 RT donation recommended (M-F, 8:30-10:30 & 1-3) Walmart Wednesdays Please reserve 2 weeks ahead	321-3200
Lifespringnorman.com	600 W. Tecumseh	1st Sat. 10:00-11:00 am (Limited amount of $25 gas cards) Driver's license and Pic ID required	292-7770
Norman EMBARK: Embarkok.com/norman or download **Embark App**. Free service: M-F, 7am-10pm, Sat. 10-7 Closed Sun/Maj. Holidays **235-RIDE** EMBARK Plus (Curb to Curb transit for elderly/disabled within OKC lim If you have TTY service, dial 711 to reserve. Must book 1-7 days in adv. **235-7587** ***Norman On-Demand***: Transit service for late night/Sun.in core Norman. For times/pricing, see normanok.gov/residents-visitors/transit-parking/norman-demand **Sign-up with OU email address for free and safe rides: Th/Fri/Sat. 10 pm – 3:00 am**			
Sooner Ride (Medicaid # required)		Call from 7 am- 8pm M-S (3 days ahead) or online @ member.logisticare.com for med appt.	877-404-4500
Sooner Care and Sooner Select programs offer non-emergency transportation through their added value benefits. Each health plan has a Modivcare #. Members can call their health plan's Modivcare # or download the App to request transportation: Aetna Better Health of OK (877-718-4208); Humana Healthy Horizons in OK (877-718-4213) Oklahoma Complete Health (877-718-4212) Soonercare (877-404-4500			
The Mission	2525 E. Lindsay	Gas vouchers for Dr. apt or job interview only, ID /appointment verification required	321-8880

Please contact Mary Sallee @ mksallee@icloud.com to report any changes/updates/additions in the information listed.

To access the most updated version of this list, go to: https://**mcfarlinumc.org/missions/if-you-need-help/**